



**STAD  
SPIRA  
TIE**  
Ideeën voor Brussel  
Idées pour Bruxelles  
Ideas for Brussels

# DISCUSSION TABLE

## WHERE

This working method works best when people can have a discussion with each other undisturbed. This can be inside or outside.

## WORKING METHOD

Don't make it any more difficult than it is! Just a good talk often produces the best results.

Starting from one-on-one discussions the participants look for answers to the central themes and related questions. It makes no difference where and when: during lunch, at the kitchen table, at the beginning or end of a meeting, etc. It helps if someone acts as moderator.

## DURATION

Approximately 50 minutes

## GROUP SIZE

5 to 10 participants

## MATERIALS

- Stadspiratie mood cards as discussion opener
- Interview sheets
- Set of questions
- Large sheets of paper to take notes
- Marker pens

## APPROACH

### Step 1

Introduction  
(5 mins)

Explain Stadspiratie and the approach to this working method.

### Step 2

Getting acquainted  
(10 mins)

Spread a number of mood cards over the table and invite the participants to look at them. Each participant chooses one of the mood cards and uses it to introduce himself or herself to the others: 'What this says about my experience with Brussels, is...'

### Step 3

Choosing a theme or question  
Pairing up  
(5 mins)

Based on the introductory round, each person chooses a central theme and accompanying questions, which he or she wants to discuss. Invite the participants to interview each other and hand out an interview sheet to each participant. Challenge the participants to really get into the role of an interviewer/journalist and give them some tips (see tips below).

### Step 4

Interview in pairs  
(15 mins)

The participants take turns to interview each other in pairs on their chosen themes. If there are an uneven number of participants, you can join in. Allow about seven minutes for each interview. Indicate when the seven minutes have passed so the participants can change roles.

### Step 5

(20 mins)

Once the interviews have finished, ask everyone to share their partner's answers with the whole group. ('Which of these possible answers do you think is an important idea to share with the VGC? What should they sort out quickly?'). The others can ask additional questions or respond to it.

Write down the conclusions from each interview on a large sheet of paper. If new issues or answers are brought up during the discussion, write these down too on the large sheet of paper.

Afterwards, enter the answers to the central question on the online platform at [www.stadspiratie.be](http://www.stadspiratie.be).

#### **Alternative** (calculate additional time)

The group decides whether it wants to discuss other topics and questions. It might be a good idea to change the pairs around to have a different partner for the interviews.

### Step 6

Thank the participants for their valuable input and encourage them to have such talks about Brussels with others, and to post any additional ideas they may have on the website at [www.stadspiratie.be](http://www.stadspiratie.be).

## TIPS FOR THE INTERVIEWS

Try to play the role of a real journalist as much as possible.

This means:

- listening well,
- summarising,
- following up.

As an interviewer, keep asking questions and don't enter into a discussion yourself.

Take good care when writing down the answers so that you can put them clearly to the group.



# DISCUSSION TABLE FORM

**Name:**

(On the website, only your first name and the first letter of your surname will be shown)

**Organisation:**

**Interests, concerns:**

Read the Stadspiratie set of questions again.

Which challenge facing Brussels are you most concerned about?

What do you think is important?

**Future vision:**

Which issues relating to the future occupy you?

**Your idea for Brussels:**

**Clarification:**

Why is this idea important?



## 1. LEARNING

Brussels residents have many talents. How can as many Brussels residents as possible take training that is right for them? How do we turn the many languages spoken in Brussels into an asset? How do we ensure that all young people get a degree? How can we support you to start or continue learning? What do you need in your free time to develop your passions or talents? Are you aware of good examples that can inspire Brussels? What is your dream?

**How can Brussels help reinforce your talents?**

## 2. GROWING UP

In Brussels you don't grow up alone. What activities, services and networks do families, children and young people need? How can we ensure equal opportunities for all kids? How can we give children and young people the possibilities to play and experiment? How can we support you while you are growing up or raising children in Brussels? Are you aware of good examples that can inspire Brussels? What is your dream?

**How can every kid in Brussels grow up well?**

## 3. PARTICIPATING

Everyone must be able to participate in Brussels. How can we make services and activities as accessible as possible? How do we keep people informed / can we inform people of what the VGC has to offer? How can we strengthen all Brussels residents? How can we ensure that newcomers feel welcome in Brussels? How can we support you to participate? Are you aware of good examples that can inspire Brussels? What is your dream?

**How can we ensure that everyone is included in Brussels?**

## 4. WORKING TOGETHER

We make Brussels together. How can Brussels residents help shape life in Brussels? How do we ensure that vulnerable groups have their voice heard? How do we give more space to grassroots initiatives? What do you want to change and what do you need to make that happen? Are you aware of good examples that can inspire Brussels? What is your dream?

**How can we involve all Brussels residents in policymaking?**

## 5. GETTING TOGETHER

Neighbourhoods are meeting places in the city. Where can Brussels residents get together in the neighbourhood? How can we open up cultural centres, community centres and other spaces for meeting people, social encounters? How can people with different languages and cultures meet more often in Brussels? How can we counteract, decrease, reduce, lessen... loneliness in Brussels? What do you need to get to know people in your neighbourhood? Are you aware of good examples that can inspire Brussels? What is your dream?

**How can we get together more often in Brussels?**

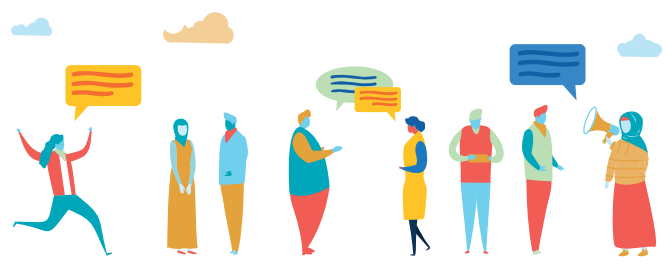
## 6. HEALTHY LIFESTYLE

All Brussels residents have the right to a healthy life. How can all Brussels residents find the appropriate care? How can we encourage everyone in our city to exercise more and play sports? What do you need to feel good about yourself in Brussels? Are you aware of good examples that can inspire Brussels? What is your dream?

**How can we live a more healthy lifestyle in Brussels?**

## 7. OTHER IDEAS?

**Do you have more ideas to turn Brussels into a better city?**







**STAD  
SPIRA  
TIE**  
Ideeën voor Brussel  
Idées pour Bruxelles  
Ideas for Brussels

Brussels residents have many talents. How can as many Brussels residents as possible take training that is right for them? How do we turn the many languages spoken in Brussels into an asset? How do we ensure that all young people get a degree? How can we support you to start or continue learning? What do you need in your free time to develop your passions or talents? Are you aware of good examples that can inspire Brussels? What is your dream?

## **HOW CAN BRUSSELS HELP REINFORCE YOUR TALENTS?**



# Learning



**STAD  
SPIRA  
TIE**  
Ideeën voor Brussel  
Idées pour Bruxelles  
Ideas for Brussels

In Brussels you don't grow up alone. What activities, services and networks do families, children and young people need? How can we ensure equal opportunities for all kids? How can we give children and young people the possibilities to play and experiment? How can we support you while you are growing up or raising children in Brussels? Are you aware of good examples that can inspire Brussels? What is your dream?

## **HOW CAN EVERY KID IN BRUSSELS GROW UP WELL?**



# **Growing up**



**STAD  
SPIRA  
TIE**  
Ideeën voor Brussel  
Idées pour Bruxelles  
Ideas for Brussels

Everyone must be able to participate in Brussels. How can we make services and activities as accessible as possible? How do we keep people informed / can we inform people of what the VGC has to offer? How can we strengthen all Brussels residents? How can we ensure that newcomers feel welcome in Brussels? How can we support you to participate? Are you aware of good examples that can inspire Brussels? What is your dream?

## **HOW CAN WE ENSURE THAT EVERYONE IS INCLUDED IN BRUSSELS?**



# Participating



**STAD  
SPIRA  
TIE**  
Ideeën voor Brussel  
Idées pour Bruxelles  
Ideas for Brussels

We make Brussels together. How can Brussels residents help shape life in Brussels? How do we ensure that vulnerable groups have their voice heard? How do we give more space to grassroots initiatives? What do you want to change and what do you need to make that happen? Are you aware of good examples that can inspire Brussels? What is your dream?

## HOW CAN WE INVOLVE ALL BRUSSELS RESIDENTS IN POLICYMAKING?



# Working together



**STAD  
SPIRA  
TIE**  
Ideeën voor Brussel  
Idées pour Bruxelles  
Ideas for Brussels

Neighbourhoods are meeting places in the city. Where can Brussels residents get together in the neighbourhood? How can we open up cultural centres, community centres and other spaces for meeting people, social encounters? How can people with different languages and cultures meet more often in Brussels? How can we counteract, decrease, reduce, lessen... loneliness in Brussels? What do you need to get to know people in your neighbourhood? Are you aware of good examples that can inspire Brussels? What is your dream?

## HOW CAN WE GET TOGETHER MORE OFTEN IN BRUSSELS?



# Getting together



**STAD  
SPIRA  
TIE**  
Ideeën voor Brussel  
Idées pour Bruxelles  
Ideas for Brussels

All Brussels residents have the right to a healthy life. How can all Brussels residents find the appropriate care? How can we encourage everyone in our city to exercise more and play sports? What do you need to feel good about yourself in Brussels? Are you aware of good examples that can inspire Brussels? What is your dream?

## **HOW CAN WE LIVE A MORE HEALTHY LIFESTYLE IN BRUSSELS?**



# Healthy lifestyle



**STAD  
SPIRA  
TIE**

Ideeën voor Brussel  
Idées pour Bruxelles  
Ideas for Brussels



# Other ideas?



# STAD SPIRATIE

Ideën voor Brussel  
Idées pour Bruxelles  
Ideas for Brussels



**LAUNCH**  
**19.02**



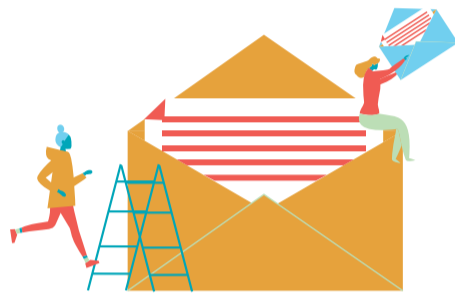
# SHARE YOUR IDEA



postcards

[www.stadspiratie.be](http://www.stadspiratie.be)

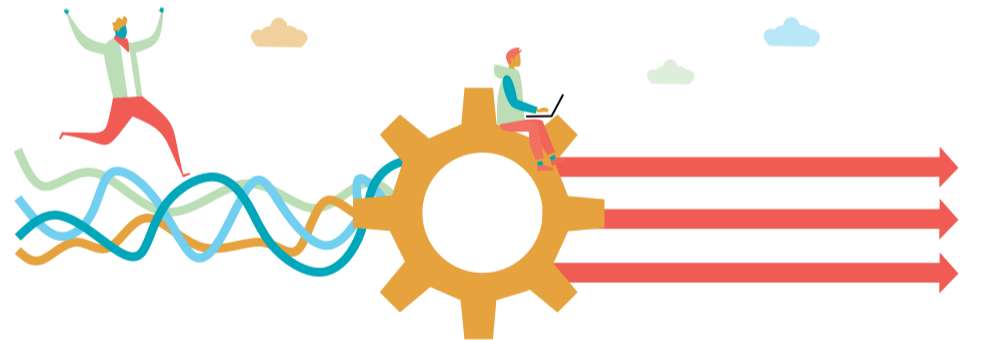
discussions



# BRUSSELS DAY 06.06



Elaborating ideas with 150 citizens



**REPORT STADSPIRATIE**

Bringing ideas together

+ Feedback moment



# VGC's long term plan 2021-2025







© Adria Crehuet Cano



© Alex Jones





© Alex Knight



© Annie Spratt









© Ben Mullins



© Ben White





© Bernard Hermant



© Claudio Schwarz Purzlbaum













© BRUZZ







© James Sutton



© Jason Rosewell





© Jordan Sanchez



© Kon Karamelas





© Lucian Alexe



© Marc Fuaix





© Markus Spiske



© Martins Zemlickis







© Mostafa Meraji



© Nesa by Makers









© Philippe Leone



© Priscilla Du Preez





© Product School



© Quentin Grignet





© Vasily Koloda



© Vlad Sargu





© Vasily Koloda



© Elijah Hail





© Falaq Lazuardi



© Ines Alvarez Fdez





© Jeremy Thomas



© John Moses Bauan





© Ke Atlas



© Kelly Sikkema

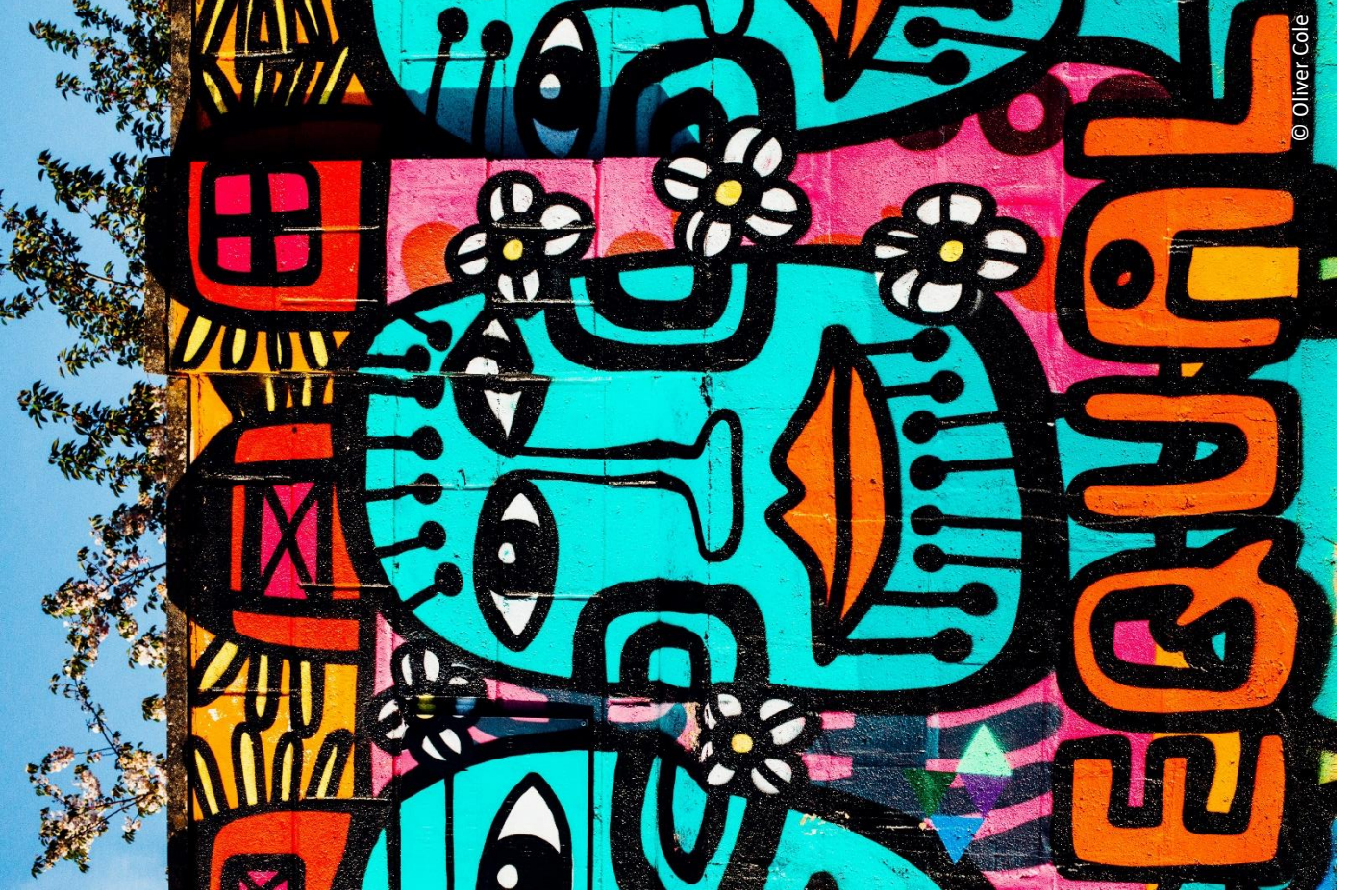


© Markus Spiske



© Massimo Sartirana





© Oliver Cole

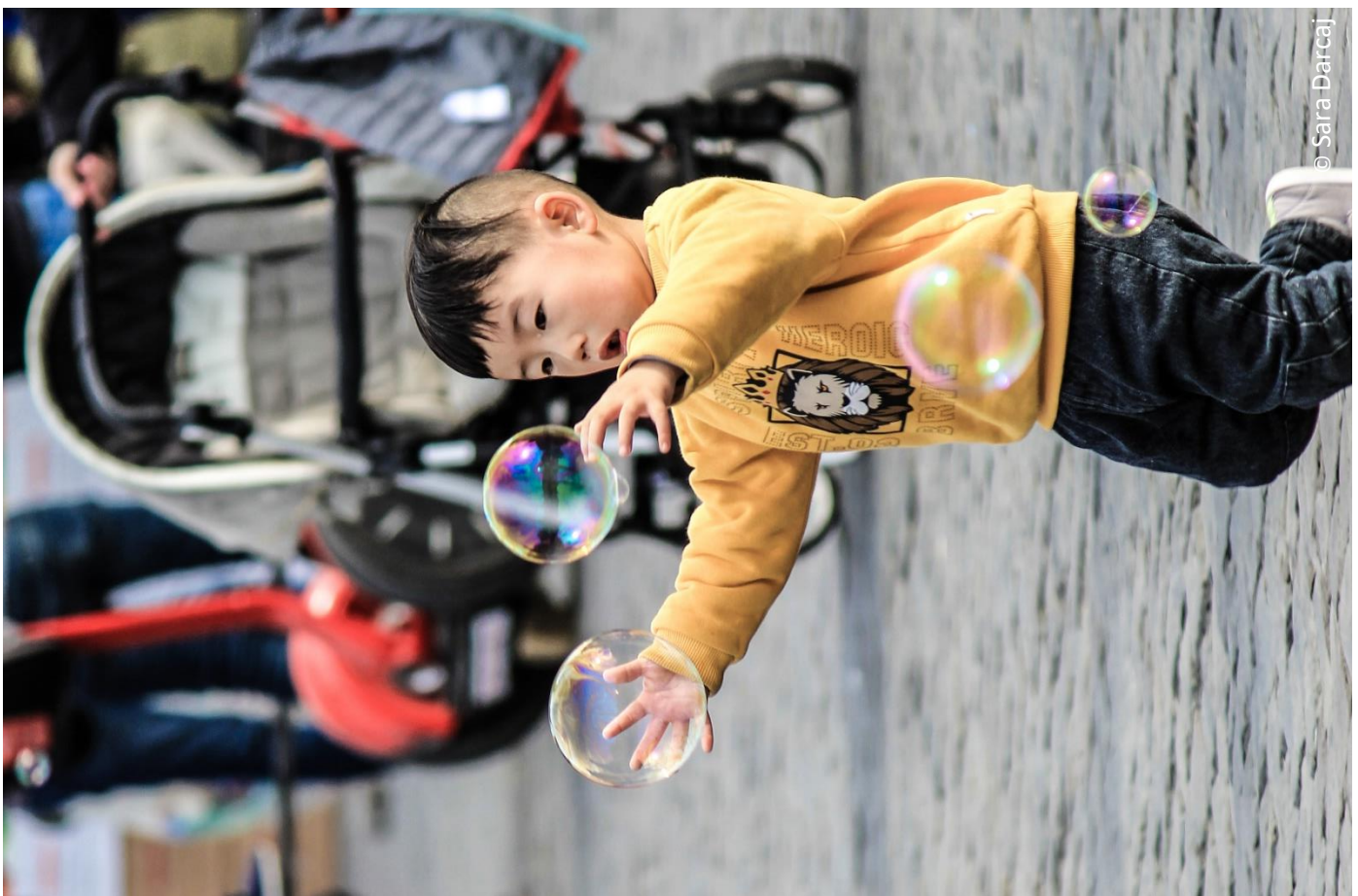


© Max Bohme





© Roman Laschov



© Sara Dar-caj





© Sharon McCutcheon



© Where's Lugo