

OBJECTS

WHERE

This working method works best when participants are together in a separate room.

WORKING METHOD

Various objects are laid out on the table.

Explain one of the central themes to the group. The participants choose one of the objects randomly. On the basis of the chosen object, the participants brainstorm about possible ideas.

This working method is also suitable for people whose language may have limitations, but who are able to think and associate using imagery or metaphors.

For this working method, it is advisable to start with one or more clear questions, for which specific ideas can be generated.

DURATION

Approximately one hour.

GROUP SIZE

5 to 15 participants

MATERIALS

- Take a number of objects from everyday life along. These can be anything: a toothbrush, a suitcase, a telephone, socks, a hammer, shower gel, a plant, an elastic band, a knife, shoes, medicine, glasses, a bottle opener, a cup of coffee, a remote control, etc.
- Set of questions

PREPARATION

Take a number of objects along and lay them out on the table.

Choose one or more questions in advance.

APPROACH

Step 1

Introduction
(5 mins)

Explain Stadspiratie and the approach to this working method.

Step 2

Explaining and
broaden the question
(15 mins)

Explain the theme and the underlying questions you have chose in advance. Explore with the participants what the essence of the theme and/or question is for them.

Step 3

Coming up with ideas
(20 mins)

Let the participants choose a random object. Ask the participants: 'What does this object bring to mind? How might this help provide answers to the question?'
Inform them that all ideas are welcome at this stage. It is not the intention that they "censor" themselves or one another.
The participants then go and brainstorm and elaborate on each other's ideas.
Write down the ideas on a flip chart.

Step 4

Selecting ideas
(15 mins)

Go over the ideas and set priorities together with the group. The group discusses them and decides which ideas they would like to pass on to Stadspiratie.

Step 5

Appreciation and
finishing up
(20 mins)

Thank the participants for their valuable input and encourage them to have such talks about Brussels with others, and to post any additional ideas they may have on the website at www.stadspiratie.be.

TIPS

Indicate that this technique will help them to think outside the box. The objects will help participants to look at things from another perspective and encourage them to make associations. And this will lead to new and surprising ideas.



1. LEARNING

Brussels residents have many talents. How can as many Brussels residents as possible take training that is right for them? How do we turn the many languages spoken in Brussels into an asset? How do we ensure that all young people get a degree? How can we support you to start or continue learning? What do you need in your free time to develop your passions or talents? Are you aware of good examples that can inspire Brussels? What is your dream?

How can Brussels help reinforce your talents?

2. GROWING UP

In Brussels you don't grow up alone. What activities, services and networks do families, children and young people need? How can we ensure equal opportunities for all kids? How can we give children and young people the possibilities to play and experiment? How can we support you while you are growing up or raising children in Brussels? Are you aware of good examples that can inspire Brussels? What is your dream?

How can every kid in Brussels grow up well?

3. PARTICIPATING

Everyone must be able to participate in Brussels. How can we make services and activities as accessible as possible? How do we keep people informed / can we inform people of what the VGC has to offer? How can we strengthen all Brussels residents? How can we ensure that newcomers feel welcome in Brussels? How can we support you to participate? Are you aware of good examples that can inspire Brussels? What is your dream?

How can we ensure that everyone is included in Brussels?

4. WORKING TOGETHER

We make Brussels together. How can Brussels residents help shape life in Brussels? How do we ensure that vulnerable groups have their voice heard? How do we give more space to grassroots initiatives? What do you want to change and what do you need to make that happen? Are you aware of good examples that can inspire Brussels? What is your dream?

How can we involve all Brussels residents in policymaking?

5. GETTING TOGETHER

Neighbourhoods are meeting places in the city. Where can Brussels residents get together in the neighbourhood? How can we open up cultural centres, community centres and other spaces for meeting people, social encounters? How can people with different languages and cultures meet more often in Brussels? How can we counteract, decrease, reduce, lessen... loneliness in Brussels? What do you need to get to know people in your neighbourhood? Are you aware of good examples that can inspire Brussels? What is your dream?

How can we get together more often in Brussels?

6. HEALTHY LIFESTYLE

All Brussels residents have the right to a healthy life. How can all Brussels residents find the appropriate care? How can we encourage everyone in our city to exercise more and play sports? What do you need to feel good about yourself in Brussels? Are you aware of good examples that can inspire Brussels? What is your dream?

How can we live a more healthy lifestyle in Brussels?

7. OTHER IDEAS?

Do you have more ideas to turn Brussels into a better city?





**STAD
SPIRA
TIE**
Ideeën voor Brussel
Idées pour Bruxelles
Ideas for Brussels

Brussels residents have many talents. How can as many Brussels residents as possible take training that is right for them? How do we turn the many languages spoken in Brussels into an asset? How do we ensure that all young people get a degree? How can we support you to start or continue learning? What do you need in your free time to develop your passions or talents? Are you aware of good examples that can inspire Brussels? What is your dream?

HOW CAN BRUSSELS HELP REINFORCE YOUR TALENTS?



Learning



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SPIRA
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Ideeën voor Brussel
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Ideas for Brussels

In Brussels you don't grow up alone. What activities, services and networks do families, children and young people need? How can we ensure equal opportunities for all kids? How can we give children and young people the possibilities to play and experiment? How can we support you while you are growing up or raising children in Brussels? Are you aware of good examples that can inspire Brussels? What is your dream?

HOW CAN EVERY KID IN BRUSSELS GROW UP WELL?



Growing up

Everyone must be able to participate in Brussels. How can we make services and activities as accessible as possible? How do we keep people informed / can we inform people of what the VGC has to offer? How can we strengthen all Brussels residents? How can we ensure that newcomers feel welcome in Brussels? How can we support you to participate? Are you aware of good examples that can inspire Brussels? What is your dream?

HOW CAN WE ENSURE THAT EVERYONE IS INCLUDED IN BRUSSELS?



Participating



**STAD
SPIRA
TIE**
Ideeën voor Brussel
Idées pour Bruxelles
Ideas for Brussels

We make Brussels together. How can Brussels residents help shape life in Brussels? How do we ensure that vulnerable groups have their voice heard? How do we give more space to grassroots initiatives? What do you want to change and what do you need to make that happen? Are you aware of good examples that can inspire Brussels? What is your dream?

HOW CAN WE INVOLVE ALL BRUSSELS RESIDENTS IN POLICYMAKING?



Working together

Neighbourhoods are meeting places in the city. Where can Brussels residents get together in the neighbourhood? How can we open up cultural centres, community centres and other spaces for meeting people, social encounters? How can people with different languages and cultures meet more often in Brussels? How can we counteract, decrease, reduce, lessen... loneliness in Brussels? What do you need to get to know people in your neighbourhood? Are you aware of good examples that can inspire Brussels? What is your dream?

HOW CAN WE GET TOGETHER MORE OFTEN IN BRUSSELS?



Getting together



**STAD
SPIRA
TIE**
Ideeën voor Brussel
Idées pour Bruxelles
Ideas for Brussels

All Brussels residents have the right to a healthy life. How can all Brussels residents find the appropriate care? How can we encourage everyone in our city to exercise more and play sports? What do you need to feel good about yourself in Brussels? Are you aware of good examples that can inspire Brussels? What is your dream?

HOW CAN WE LIVE A MORE HEALTHY LIFESTYLE IN BRUSSELS?



Healthy lifestyle



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Idées pour Bruxelles
Ideas for Brussels



Other ideas?



**STAD
SPIRA
TIE**

Ideeën voor Brussel
Idées pour Bruxelles
Ideas for Brussels



**LAUNCH
19.02**



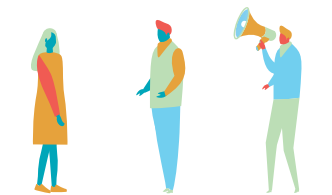
**SHARE
YOUR IDEA**



postcards

www.stadspiratie.be

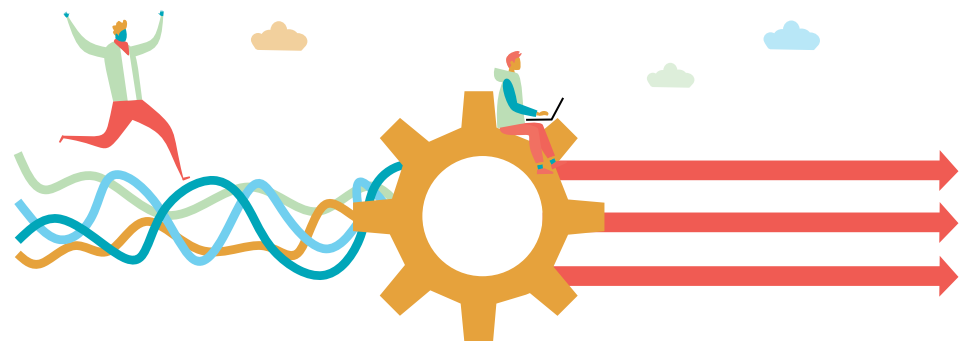
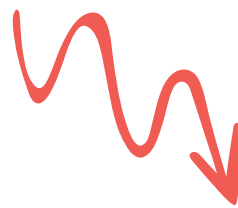
discussions



**BRUSSELS
DAY
06.06**



Elaborating ideas with 150 citizens



REPORT STADSPIRATIE

Bringing ideas together

+ Feedback moment



VGC's long term plan 2021-2025

